OLIVERIAN A school as unique as its students.

Oliverian Newsletter June 2018

Graduation Speech: Be at Home Wherever You Are *By Will Laughlin, Head of School*

When I was five, I found a threelegged box turtle on my greatgrandparents' tobacco farm in Kentucky. I fed him some lettuce and boloney and named him Henry. My mom put Henry in a shoe box and hid him in her carry-on luggage for our Pan Am flight back to



California. He lived in our backyard and mostly ate snails and sunbathed. But whenever he wanted some lettuce and bologna and a tummy rub, he would show up at the back steps of our house. In late fall, Henry would lumber crookedly into the shrubbery one last time.

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Tips for Managing Transition from Julie Tracy-Prieboy

By Julie Tracy-Prieboy, Director of Student Support

Counselor Julie Tracy-Prieboy knows that transitions can be anxietyinducing. We sought her advice for students and parents embarking on new chapters in their lives.



Q: What are some tangible practices that teens can use to monitor their stress levels during periods of transition?

A: As a therapist, I always tell people to have a support system. You can't gain perspective on your feelings of anxiety if you're isolated or if your circle of trust is limited to just one parent or one friend. It's important to have a variety of people around you as sources of support and wisdom. These might include friends, a mentor, a boss, or even a personal trainer.

Read More

Celebrating the Class of 2018!

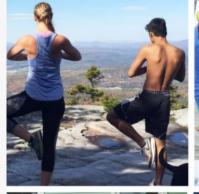
Friends and family gathered at Alumni Hall in Haverhill, NH on June 3rd to celebrate the Oliverian Class of 2018! We wish our graduates happiness and success as they move on to their next adventure in life. Your Oli family is always here for you!



Stay tuned to our **Facebook Page** for professional pictures from our graduation and awards ceremony!

Summer Session 2018!

Click Now to Enroll for Oliverian Summer Session. Catch up academically! Improve your transcript! Prepare for independence! Have fun!









OLIVERIAN Summer Session







End-Of-Year-Survey

Take a quick four question survey to help us improve. **Click here**.

What We're Reading

Irresistible: The Rise of Addictive Technology and the Business of Keeping Us Hooked

This book is about screen addiction, and examines how addictive qualities are being engineered into the products and apps we use to ensure we keep using them. By reverse engineering behavioral addiction, the author explains how we can harness addictive products for good, use

them to improve how we communicate with each other, and set boundaries between work and play. It's an important and eye opening read for anyone with a cell phone, smartphone, tablet, or laptop.

- Will Laughlin

As if to prove his point, Adam Alter has written a truly addictive book about the rise of addiction. *Provisitible* is a faccinating and much needed exploration of one of the most troubling phonomena of modern times. – MALCOLM GLADWELL TRRRESSISTIBLE THE RISE OF ADDICTIVE TECHNOLOGY AND THE BUSINESS OF KEEPING US HOOKED

A D A M A L T E R NEW YORK TIMES bestselling author of DRUNK TANK PINK

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